# THE FIVE BEHAVIORS OF A COHESIVE TEAM

# Patrick Lencioni BASED ON THE NEW YORK TIMES BEST-SELLING BOOK The Five Dysfunctions of a Team

### **Comparison Report**

For Kathryn Petersen
Working with Martin Gilmore
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# Introduction



A cohesive team needs to master five behaviors: building trust, mastering conflict, achieving commitment, embracing accountability, and focusing on results. Accomplishing all of this takes more than just understanding the concepts—team members need to have a meaningful understanding of themselves and their peers.

Since the team is made up of individuals, one-on-one relationships can have a big impact on the team as a whole. This report is designed to help you better understand Martin and to build a more effective working relationship with him. All of the information is derived from the responses you and Martin gave on your Five Behaviors of a Cohesive Team assessments. Before you begin, take a look at the overview of the five behaviors below:

#### **Trust One Another**

When team members are genuinely transparent and honest with one another, they are able to build vulnerability-based trust.

#### **Engage in Conflict Around Ideas**

When there is trust, team members are able to engage in unfiltered, constructive debate of ideas.

#### **Commit to Decisions**

When team members are able to offer opinions and debate ideas, they will be more likely to commit to decisions.

#### **Hold One Another Accountable**

When everyone is committed to a clear plan of action, they will be more willing to hold one another accountable.

#### **Focus on Achieving Collective Results**

The ultimate goal of building greater trust, productive conflict, commitment, and accountability is one thing: the achievement of results.



# **Building Trust**





**Discover** 

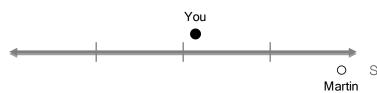
# Conveys personal O Ho information openly and easily

**PRIVATE** 

Holds back personal information and is slower to open up



Welcomes people and ideas at face value



**SKEPTICAL** 

Searches for hidden flaws and potential problems





You	
	May be somewhat guarded and difficult to read at times
	Tend to need some degree of personal space
	Tend to consider what could go wrong
	May come across as a bit too questioning at times

Martin

May be somewhat guarded and difficult to read at times

Tends to need some degree of personal space

Tends to question and test other people's ideas

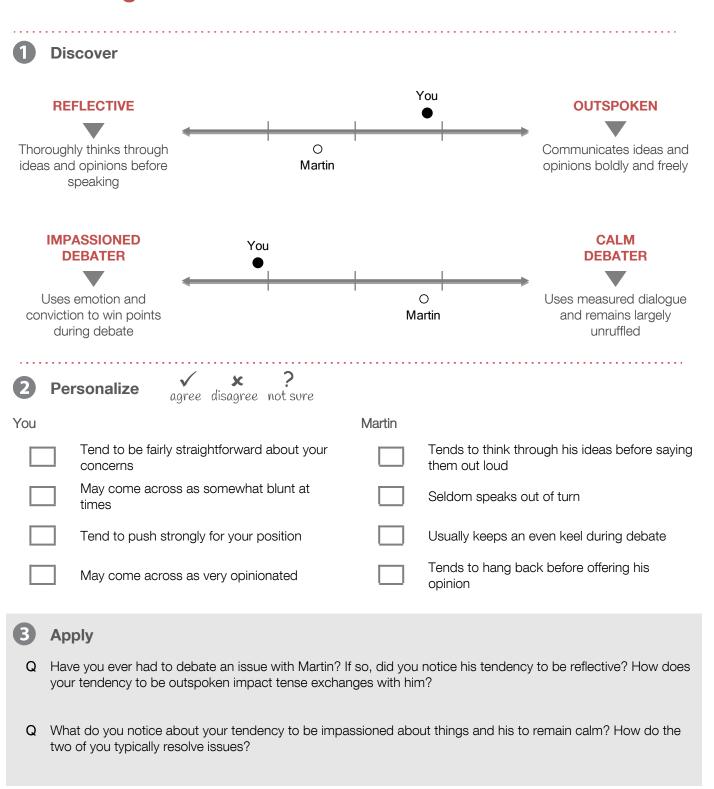
May come across as overly critical at times

# Apply

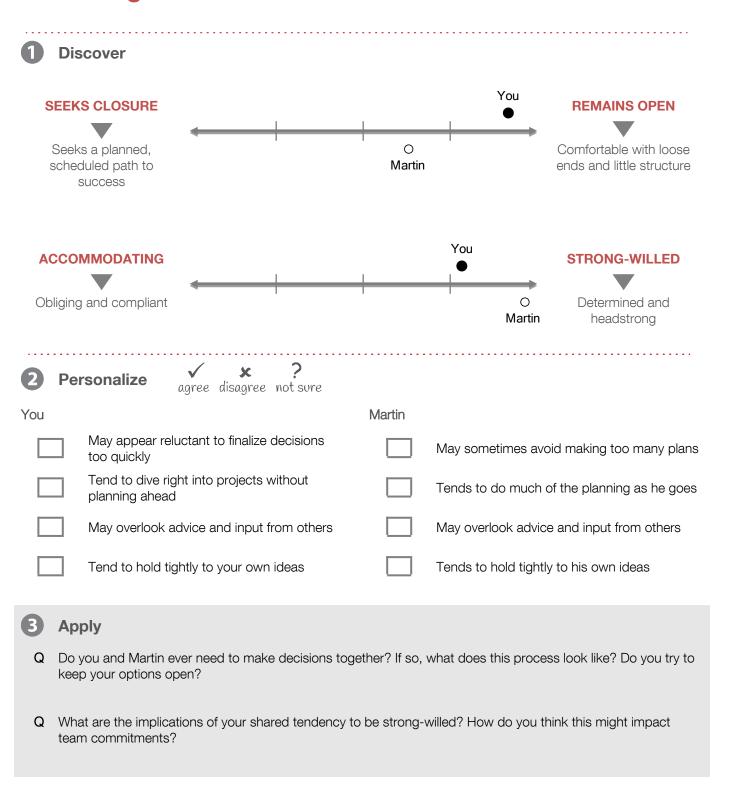
- Q How has your shared tendency to be private affected your ability to build trust? What challenges have you experienced? Typically, what do you need in order to be more open around others?
- Q How have your similarities in being questioning and doubtful impacted your relationship? Does this differ from your experiences with more accepting colleagues?



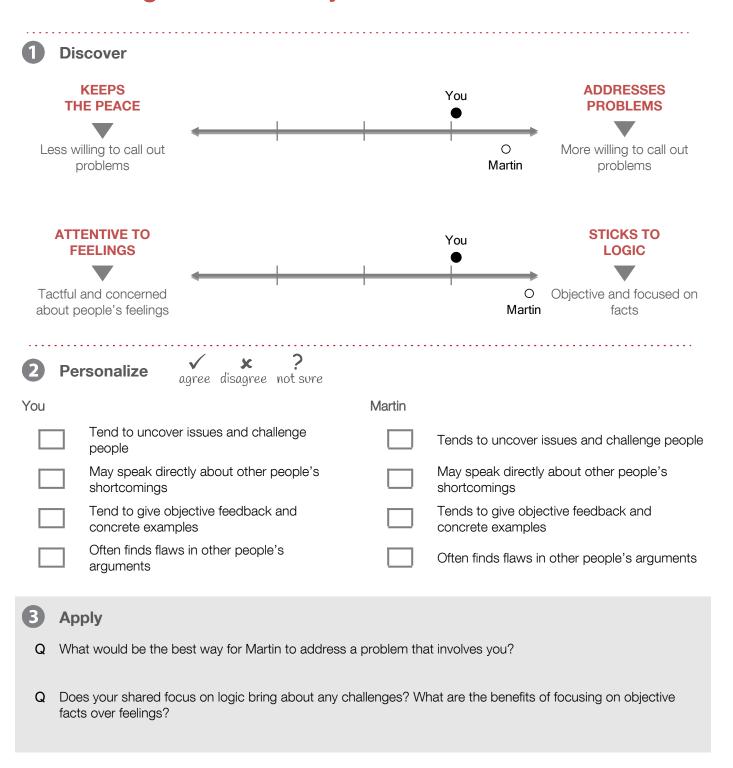
# **Mastering Conflict**



# **Achieving Commitment**

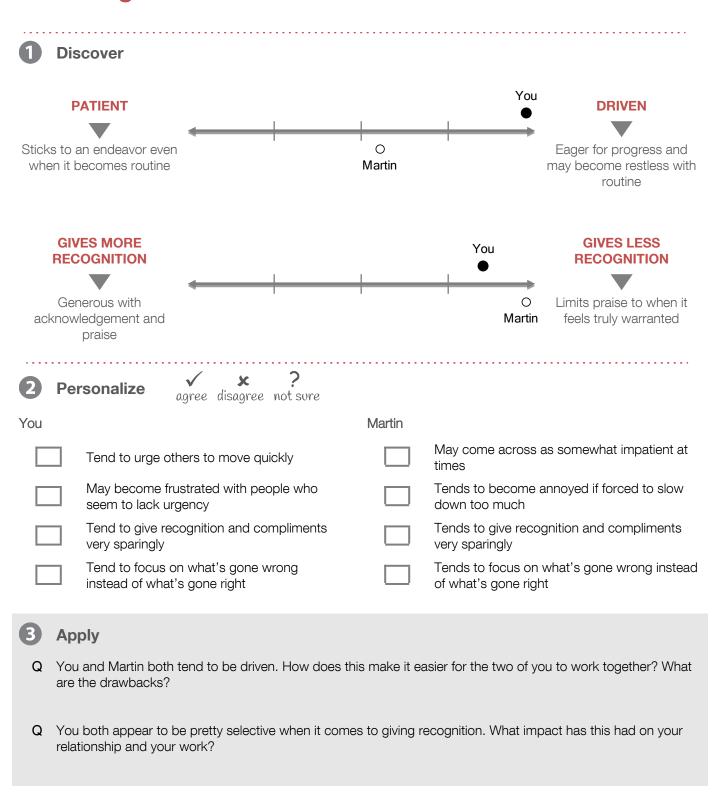


# **Embracing Accountability**





# Focusing on Results



# More Similarities and Differences

Kathryn, this page includes some additional information about you and Martin, including some of your similarities, differences, and ways that the two of you have the potential to complement each other.

#### **Your Greatest Similarities**



#### You and Martin

- Tend to be strong-willed
- Enjoy working alone
- Are frank
- Are skeptical
- Are private

#### **Your Greatest Differences**



#### You

- Tend to take risks
- Don't mind being aggressive
- Show more emotional support
- Tend to challenge people
- Are forceful

#### Martin

- Tends to avoid risk
- Dislikes having to be aggressive
- Shows less emotional support
- Tends not to challenge people
- Is soft-spoken

## How can you complement each other?



- You likely convey to him the passion you feel for your ideas.
- Neither of you expects a lot of recognition or praise from the other.
- He will join your efforts to convey a sense of urgency and push for immediate results.
- He respects your need for personal space.



# Summary and Action Plan

Read through the suggested tips and use the extra space for your notes or reflections.

Traits	Tips	Action Taken	
From Trust			
You're somewhat private. He is somewhat private.	<ul> <li>Make an effort to ask questions to help him open up.</li> </ul>		
You're somewhat skeptical. He is very skeptical.	Clarify his intentions before jumping to conclusions.		
From Conflict			
You're somewhat outspoken. He is somewhat reflective.	Encourage him to share his opinions.		
You're very impassioned. He is somewhat calm.	Refrain from pushing him to accept your ideas.		
From Commitment			
You're very likely to remain open. He is somewhat likely to remain open.	Set a reasonable timeline for making decisions together and stick to it.		
You're very strong-willed. He is very strong-willed.	Evaluate your differences in a constructive way, like listing pros and cons.		
From Accountability			
You're very likely to address problems. He is very likely to address problems.	<ul> <li>Regularly and explicitly discuss expectations before problems arise.</li> </ul>		
You're very likely to stick to logic. He is very likely to stick to logic.	State your concerns objectively, but also give him a turn.		
From Results			
You're very driven. He is somewhat driven.	<ul> <li>Identify situations where a bit more patience could pay off.</li> </ul>		
You're very unlikely to give recognition.  He is very unlikely to give recognition.	Build recognition into your plans.		